

**Adults, Wellbeing and Health  
Overview and Scrutiny Committee**

**2 October 2020**

**Quarter One, 2020/21  
Performance Management Report**

**Ordinary Decision**



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**Report of John Hewitt, Corporate Director of Resources**

**Electoral division(s) affected:**

Countywide.

**Purpose of the Report**

- 1 To present progress towards achieving the key outcomes of the council's corporate performance framework.

**The impact of COVID-19**

- 2 A highly infectious virus (SARS-CoV-2) causing respiratory illness (COVID-19) spread rapidly across the world during 2020. This resulted in a global pandemic being declared by the World Health Organisation on 11 March 2020.
- 3 Significant restrictions to normal ways of life, travel and business were introduced by the government to try to contain the spread of the virus, minimise deaths and prevent COVID-19 cases overwhelming our health and social care systems.
- 4 It was necessary for the Council to adapt and we significantly changed our service provision and ways of working. Some services were closed, others changed and began to operate remotely. Gold command arrangements were activated nationwide to respond to the emergency. Locally, this involved the council working in partnership with other agencies on the local resilience forum which covers both County Durham and Darlington to protect our communities and support those affected by the pandemic.
- 5 Although our regular quarterly corporate reporting cycle was suspended, we are now able to resume quarterly performance reporting with this report which combines quarter four, 2019/20 and quarter one, 2020/21.

## Performance Reporting

- 6 This performance report is structured around the three externally focused results-based ambitions of [the County Durham Vision 2035](#) alongside a fourth 'excellent council' theme, and also includes an overview of the impact of COVID-19 on council services, our staff and residents.
- 7 The report will be further developed to reflect the reporting requirements of the Council Plan 2020-2023 (subject to Cabinet approval in September), cultural change resulting from the COVID-19 pandemic, COVID-19 Recovery and Restoration, which is likely to run over the medium term, and the council's new senior management structure (particularly 'Regeneration and Economic Growth' and 'Neighbourhoods and Climate Change').
- 8 These changes will commence from quarter three onwards to align with new corporate planning arrangements and developments in business analytics.

## Long and Independent Lives

- 9 The UK care sector has been significantly affected by the COVID-19 pandemic. In County Durham supporting our care market has been a priority. As a system the County Durham Care Partnership has put in place a range of financial and practical support for our care providers to enable them to continue to provide care and support to our residents in line with national guidance.
- 10 Care providers across County Durham have experienced issues relating to rates of infection, supply of personal protective equipment or staffing. However, with the targeted support, 90% currently have no or very low concerns. We continue to work nationally to increase the quality of the data to identify and address infection and risk of infection amongst staff and patients.
- 11 The council continues to assess the impact of falling occupancy rates within care homes and is providing short-term financial support to providers to ensure sustainability of the market pending conclusion of a review of our approach to commissioning care.
- 12 The consequences of COVID-19 on the health needs of our residents has led to initially reduced referrals across adult social care, specifically older people and those with learning disabilities. However, referrals for those who have problems with substance misuse have increased by 58% compared to last year. There is a GP referral backlog of more than 40,000 urgent and non-urgent secondary care, and reports that children and young people are suffering increased levels of anxiety. Predictive

analysis by Tees, Esk and Wear Valleys NHS Trust suggests there will be significant increases in demand for mental health support.

### **Risk Management**

- 13 Effective risk management is a vital component of the council's agenda. The council's risk management process sits alongside our change programme and is incorporated into all significant change and improvement projects.
- 14 There are no key risks in delivering the objectives of this ambition.

### **Recommendation**

- 15 That Adults, Wellbeing and Health Overview and Scrutiny Committee considers the overall position and direction of travel in relation to quarter one performance, the impact of COVID-19 on performance, and the actions being taken to address areas of underperformance including the significant economic and well-being challenges because of the pandemic.

### **Author**

Jenny Haworth

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## **Appendix 1: Implications**

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### **Legal Implications**

Not applicable.

### **Finance**

Latest performance information is being used to inform corporate, service and financial planning.

### **Consultation**

Not applicable.

### **Equality and Diversity / Public Sector Equality Duty**

Equality measures are monitored as part of the performance monitoring process.

### **Climate Change**

We have declared a climate change emergency and consider the implications of climate change in our reports and decision-making.

### **Human Rights**

Not applicable.

### **Crime and Disorder**

A number of performance indicators and key actions relating to crime and disorder are continually monitored in partnership with Durham Constabulary.

### **Staffing**

Performance against a number of relevant corporate health indicators has been included to monitor staffing issues.

### **Accommodation**

Not applicable.

### **Risk**

Reporting of significant risks and their interaction with performance is integrated into the quarterly performance management report.

### **Procurement**

Not applicable.



# Durham County Council Performance Management Report

## Quarter One, 2020/21



## Long and Independent Lives

- 1 The ambition of Long and Independent Lives is linked to the following key questions:
  - (a) Are our services improving the health of our residents?
  - (b) Are people needing adult social care supported to live safe, healthy and independent lives?

### **Are our services improving the health of our residents?**

- 2 Having reviewed the countywide specialist Stop Smoking Service, additional support is now in place for pregnant smokers and new mothers who smoke. A new provider (ABL Health) commenced delivery of the contract on 1 April 2020, for an initial period of three years.
- 3 In response to COVID-19, the service moved to a proactive telephone support model in April 2020. This has allowed for evidence-based behavioural support to continue to be offered to pregnant smokers through weekly telephone consultations. All pregnant smokers are contacted within 24 hours of referral and remote working allows the service to offer same-day or next-day appointments. Pharmacotherapy, in the form of Nicotine Replacement Therapy (NRT<sup>1</sup>), continues to be provided through the voucher scheme, with vouchers emailed directly to the client's chosen pharmacy. Following the initial 12-week programme, further support is offered throughout the entire pregnancy and the post-partum period as part of relapse prevention. The service has seen a significant increase in engagement during the lockdown period, with the percentage of pregnant women setting a quit date having more than doubled compared to the same period last year.
- 4 The breastfeeding action plan has been reviewed, and a new approach is being applied to identify key areas of focus by providing an overview of breastfeeding activities, their impact and outcomes. In response to COVID-19, the Infant Feeding Team now provides online support and daily social media updates, asking new mums to pose infant-feeding questions. Infant-feeding support continues to be offered at home to those who require it and new mums can access support via WhatsApp and other social media.
- 5 As part of the County Durham response to COVID-19, the Local Resilience Forum (LRF) established a community hub to protect those both clinically vulnerable to COVID-19 (shielded) and socially vulnerable due to the measures put in place to prevent the spread of the virus. The hub was

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<sup>1</sup> The enhanced provision of NRT through the new contract delivered by ABL includes an expanded formulary and the offer of two NRT products to both the pregnant woman and her significant others.

established to co-ordinate food provision, social contact, welfare support, volunteering and to provide a central co-ordination function for the voluntary and community sector (VCS).

- 6 Based on the principles of well-being, the hub was designed to reach those in most need and encourage self-help through the VCS. Processes are in place to identify and escalate the most vulnerable to appropriate support.
- 7 Whilst demand into the hub decreased throughout the pandemic, client vulnerability has become more apparent. Clients have multiple and often complex needs linked to social isolation, emotional and mental well-being and wider financial hardship / resilience. Many of the people contacting the hub are not known to services.
- 8 As part of the hub, the council provided a COVID-19 response fund through the Area Action Partnerships (AAPs) and elected member neighbourhood budgets. A group<sup>2</sup> was established to co-ordinate funding and to provide advice and work to address the inequalities created by COVID-19 across County Durham. This community grants group improved partnership working and created greater solidarity, working to streamline activity and avoid duplication in effort.
- 9 An evaluation of the effectiveness of the hub to date has resulted in the following identified strengths, which will be used to take forward future work:
  - Staff training on Making Every Contact Count (MECC) has resulted in effective conversations, brief intervention and positive advice for holistic assessment of needs.
  - The well-being principles have supported the empowering of communities.
- 10 We supported Mental Health Awareness Week (18-24 May 2020), raising the profile of mental health and inspiring actions to promote the message of good mental health for all. The theme for this year was 'kindness' and the council's Corporate Management Team took part, promoting it through vlogs made available on the staff intranet, sharing and talking about their experiences.
- 11 Council managers and employees were surveyed on their experiences working through the pandemic and feedback has been very positive. There has been regular communication led by the council's senior management to thank staff and support their physical and mental well-being throughout lockdown and the wider period of the pandemic.

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<sup>2</sup> Membership included County Durham Community Foundation, The Lottery, AAPs, Commissioning and Public Health

- 12 It is not known at this stage what impact COVID-19 will have on people's physical health but recent evidence suggests that people living with obesity are significantly more likely to become seriously ill and to be admitted to intensive care with COVID-19, compared to those with a healthy Body Mass Index (BMI).
- 13 The government has recently published a national strategy, 'Tackling obesity: empowering adults and children to live healthier lives', which includes making weight management services available from 2021 for people at risk living with obesity, with type 2 diabetes and/or hypertension.
- 14 The latest data from the Sport England Active Lives Survey shows that County Durham is the seventh most active local authority area in the north east with almost 60% of respondents actively participating in more than 150 minutes of moderate sport and physical activity every week, a drop from fifth when last reported. Conversely, 28% of adults in County Durham participate in less than 30 minutes sport and physical activity per week. However, it should be noted that the sample used for the Active Lives Survey is very small (0.08%) of the population which makes it hard for us to influence the outcome. It also doesn't consider indices of deprivation etc. which is known to affect activity levels.

### **Are people needing adult social care supported to live safe, healthy and independent lives?**

- 15 The COVID-19 crisis has brought about substantial direct and indirect impacts on health and social care outcomes in the county. Care homes have been impacted significantly, both locally and nationally, due to high infection and death rates ([COVID-19 surveillance dashboard](#))
- 16 To help us support the care home market during this period, Adult and Health Services (with local health system teams) developed a local rating system based on the national Operational Pressures Escalation Levels (OPEL) system for health and social care. This uses data, collected daily directly from local providers, focusing on infection rates, personal protective equipment (PPE) and staffing levels in each care home and enables support to be targeted according to individual needs and issues.
- 17 By the end of April 2020, our OPEL tracker showed around half of older people care homes had significant issues with either COVID-19 infection, PPE or staffing. Nationally collected data released later showed that by early May, just over half of care homes had notified Public Health England of a coronavirus outbreak<sup>3</sup>. Co-ordinated and targeted support to care providers

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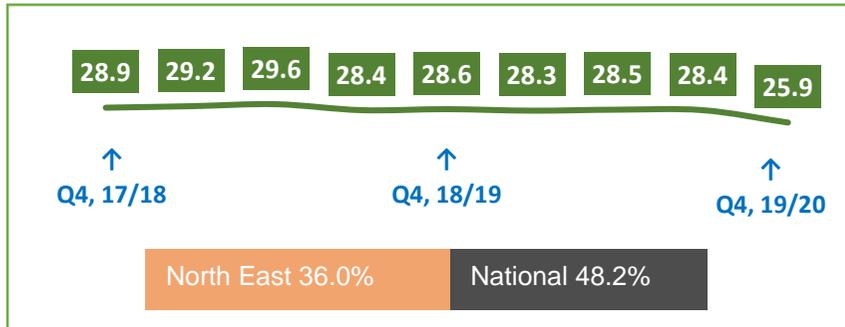
<sup>3</sup> <https://www.gov.uk/government/statistical-data-sets/COVID-19-number-of-outbreaks-in-care-homes-management-information>

continued throughout this period. This remains a key priority of our local health and social care system in conjunction with local CQC leads. By the end of June, no County Durham care home was at the highest priority level - with around nine out of ten of care homes having either no or very low-level concerns.

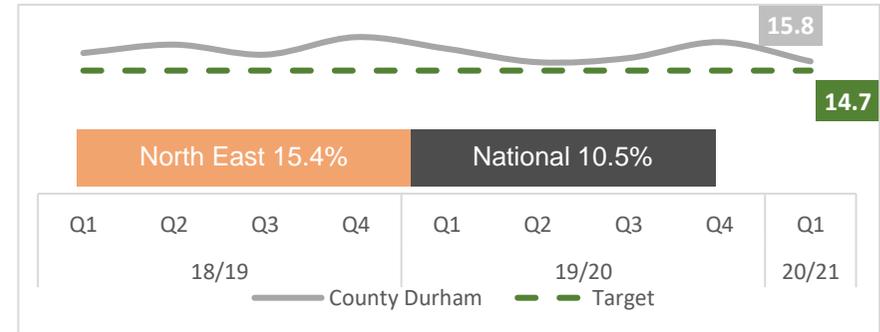
# LONG AND INDEPENDENT LIVES

(a) Are our services improving the health of our residents and (b) Are people needing adult social care supported to live safe, healthy and independent lives?

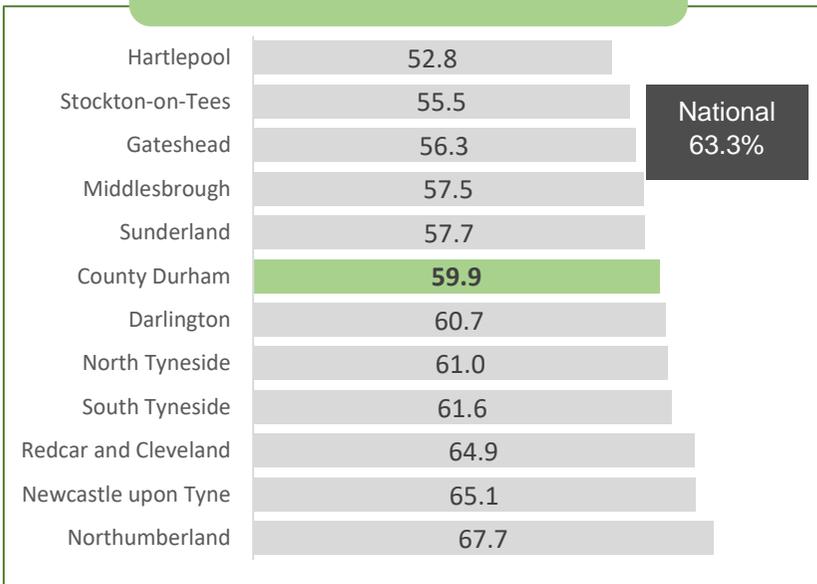
## Prevalence of breastfeeding at 6-8 weeks from birth



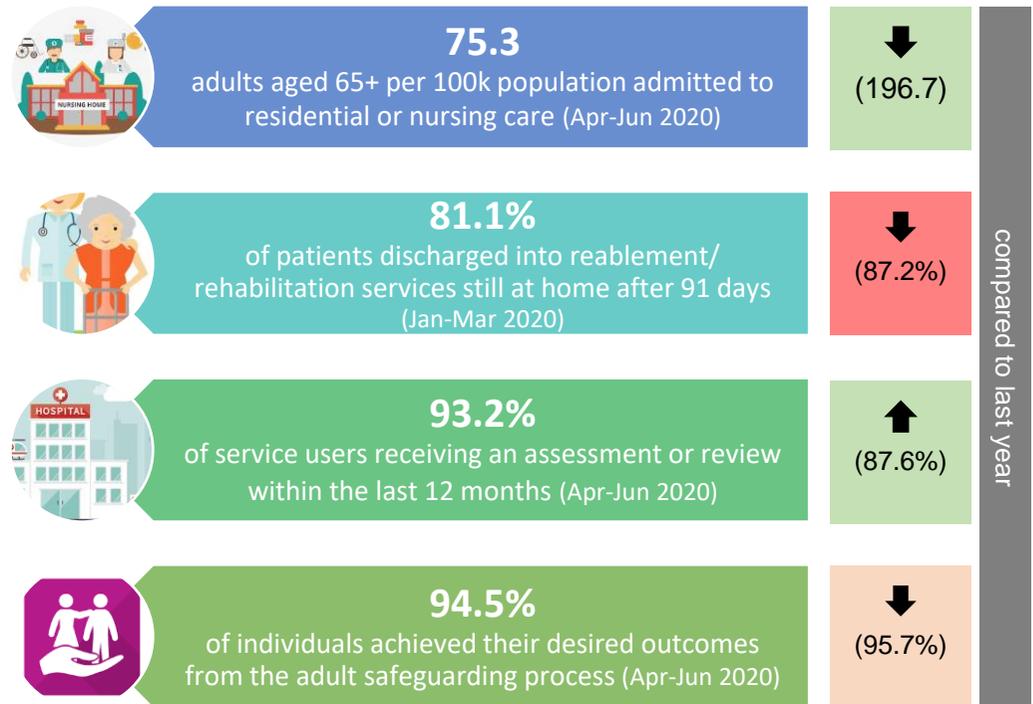
## Mothers Smoking at Time of Delivery



## Active participation in sport and physical activity (Nov 18 to Nov 19)



## Adult Social Care



- 18 As a consequence of COVID-19, demand for social care has greatly changed over this period. Admission rates April to June 2020 are less than half that of the same period last year.
- 19 COVID-19 has also impacted on the level of referral rates for adult social care. These are substantially lower in quarter one compared to the same period last year, with a reduction of more than 2,700 referrals. Referrals involving older people have reduced by 24% year-on-year, with learning disability referrals also significantly reduced.
- 20 Substance misuse referrals, however, have seen a substantial increase of 58% in comparison to last year, although this continues to comprise a relatively small proportion of adult care referrals overall.
- 21 In the short-term, changing demand is also likely to impact on the number of assessments and reviews and subsequent provision - although these impacts will take longer to emerge. However, over this period, frontline social care teams have managed to improve the timeliness of their response, with the proportion of reviews and assessments for service users completed on schedule improving from 88% to 93%.
- 22 Lockdown may also be contributing to a slight drop in performance in the reablement service. The percentage of reablement service users remaining at home 91 days after their service has ended is 6.1pp lower compared to the same period last year. This equates to 42 people (Jan-Mar 2020).
- 23 This may be due to indirect effects of COVID-19, as lockdown disrupted service user routines and also the amount of help received from informal carers during this time. This, in turn, can impact on service user health. Performance will continue to be closely monitored.
- 24 Further information is awaited on the 2020/21 Better Care Fund (BCF) Policy Framework. National data collection for delayed transfers of care has temporarily been paused due to COVID-19. However, the last recorded data for this (February 2020) demonstrate that County Durham continues to have one of the lowest rates in the country.

## Key Performance Indicators – Data Tables (Quarter One 2020/21)

There are two types of performance indicators throughout this document:

- (a) Key target indicators – targets are set as improvements can be measured regularly and can be actively influenced by the council and its partners; and
- (b) Key tracker indicators – performance is tracked but no targets are set as they are long-term and/or can only be partially influenced by the council and its partners.

A guide is available which provides full details of indicator definitions and data sources for the 2019/20 corporate indicator set. This is available to view either internally from the intranet or can be requested from the Strategy Team at [performance@durham.gov.uk](mailto:performance@durham.gov.uk)

### KEY TO SYMBOLS

	Direction of travel	Benchmarking	Performance against target
<b>GREEN</b>	Same or better than comparable period	Same or better than comparable group	Meeting or exceeding target
<b>AMBER</b>	Worse than comparable period (within 2% tolerance)	Worse than comparable group (within 2% tolerance)	Performance within 2% of target
<b>RED</b>	Worse than comparable period (greater than 2%)	Worse than comparable group (greater than 2%)	Performance >2% behind target

### National Benchmarking

We compare our performance to all English authorities. The number of authorities varies according to the performance indicator and functions of councils, for example educational attainment is compared to county and unitary councils however waste disposal is compared to district and unitary councils.

### North East Benchmarking

The North East figure is the average performance from the authorities within the North East region, i.e. County Durham, Darlington, Gateshead, Hartlepool, Middlesbrough, Newcastle upon Tyne, North Tyneside, Northumberland, Redcar and Cleveland, Stockton-On-Tees, South Tyneside, Sunderland.

More detail is available from the Strategy Team at [performance@durham.gov.uk](mailto:performance@durham.gov.uk)

## LONG AND INDEPENDENT LIVES

### Are our services improving the health of our residents?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
34	% of mothers smoking at time of delivery	15.8*	Apr-Jun 2020	14.7 <b>RED</b>	16.6 <b>GREEN</b>	10.5 <b>RED</b>	15.4 <b>RED</b>	15.0 <b>RED</b>	Jan-Mar 20	Yes
35	Four week smoking quitters per 100,000 smoking population [number of quitters]	1,554 [1,009]	Apr-Sept 2019	Tracker	1,785 [1,104]	820	1,111			No
				N/a	<b>RED</b>	<b>GREEN</b>	<b>GREEN</b>			
36	Male life expectancy at birth (years)	78.2	2016-18	Tracker	78.3	79.6	77.9	78.2		No
				N/a	<b>AMBER</b>	<b>AMBER</b>	<b>GREEN</b>	<b>GREEN</b>		
37	Female life expectancy at birth (years)	81.5	2016-18	Tracker	81.4	83.2	81.7	81.9		No
				N/a	<b>GREEN</b>	<b>RED</b>	<b>AMBER</b>	<b>AMBER</b>		
38	Female healthy life expectancy at birth (years)	58.4	2016-18	Tracker	58.7	63.9	59.7	61.0		No
				N/a	<b>AMBER</b>	<b>RED</b>	<b>RED</b>	<b>RED</b>		
39	Male healthy life expectancy at birth (years)	59.3	2016-18	Tracker	58.9	63.4	59.4	60.5		No
				N/a	<b>GREEN</b>	<b>RED</b>	<b>AMBER</b>	<b>AMBER</b>		
40	Excess weight in adults (Proportion of adults classified as overweight or obese)	63.3	2018/19	Tracker	66.7	62.3	64.9	67.3		Yes
				N/a	<b>GREEN</b>	<b>AMBER</b>	<b>GREEN</b>	<b>AMBER</b>		
41	Suicide rate (deaths from suicide and injury of undetermined intent) per 100,000 population	12.8	2016-18	Tracker	12.0	9.6	11.3	11.6		No
				N/a	<b>RED</b>	<b>RED</b>	<b>RED</b>	<b>RED</b>		
42	Prevalence of breastfeeding at 6-8 weeks from birth	25.9	Jan-Mar 2020	Tracker	28.6	48.2	36.0	34	Q3 2019/20	No
				N/a	<b>RED</b>	<b>RED</b>	<b>RED</b>	<b>RED</b>		
43	Estimated smoking prevalence of persons aged 18 and over	17.0	2019	Tracker	15.0	13.9	15.3	15.2		No
				N/a	<b>RED</b>	<b>RED</b>	<b>RED</b>	<b>RED</b>		

## LONG AND INDEPENDENT LIVES

### Are our services improving the health of our residents?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
44	Self-reported well-being - people with a low happiness score	9.5	2018/19	Tracker	8.9	7.8	9.7	9.5		No
				N/a	RED	RED	GREEN	GREEN		
45	Participation in Sport and Physical Activity: active	59.9	Nov 2018-Nov 2019	Tracker	58.5	63.3	60.7			No
				N/a	GREEN	RED	AMBER			
46	Participation in Sport and Physical Activity: inactive	28.0	Nov 2018-Nov 2019	Tracker	29.9	24.6	27.5			No
				N/a	AMBER	RED	AMBER			

\*provisional data

## LONG AND INDEPENDENT LIVES

### Are people needing adult social care supported to live safe, healthy and independent lives?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
47	Adults aged 65+ per 100,000 population admitted on a permanent basis in the year to residential or nursing care	75.3	Apr-Jun 2020	TBD	196.7					Yes
				N/a	GREEN					
48	% of older people who were still at home 91 days after discharge from hospital into reablement/ rehabilitation services	81.1	Jan-Mar 2020	TBD	87.2	82.4	83.0	80.7*	2018/19	Yes
				N/a	RED	Not comparable	Not comparable	Not comparable		
49	% of individuals who achieved their desired outcomes from the adult safeguarding process	94.5	Apr-Jun 2020	Tracker	95.7	92.4	93.9	93.5*	2018/19	Yes
				N/a	AMBER	Not comparable	Not comparable	Not comparable		

## LONG AND INDEPENDENT LIVES

### Are people needing adult social care supported to live safe, healthy and independent lives?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
50	% of service users receiving an assessment or review within the last 12 months	93.2	Apr-Jun 2020	Tracker	87.6					Yes
				N/a	GREEN					
51	Overall satisfaction of people who use services with their care and support	67.8	2018/19	Tracker	66.6	64.3	66.2	66.0*		No
				N/a	GREEN	GREEN	GREEN	GREEN		
52	Overall satisfaction of carers with the support and services they receive (Biennial survey)	51.2	2018/19	Tracker	43.3**	38.6	47.2	41.8*		No
				N/a	GREEN	GREEN	GREEN	GREEN		
53	Daily delayed transfers of care beds, all, per 100,000 population age 18+	2.9	Feb 2020	Tracker	1.5	11.0	7.0	11.0*		No
				N/a	RED	GREEN	GREEN	GREEN		
54	% of adult social care service users who report they have enough choice over the care and support services they receive	75.1	2018/19	Tracker	74.9	67.5	71.8	69.3*		No
				N/a	GREEN	GREEN	GREEN	GREEN		

\*unitary authorities

\*\* results from 2016/17 survey

### Other additional relevant indicators

## LONG AND INDEPENDENT LIVES

### Are children, young people and families in receipt of universal services appropriately supported?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
24	% of free school meals (FSM) eligible pupils taking FSM	75.8	Jan 2020	Tracker	79.4	78.7	78.7			No
				N/a	RED	RED	RED			

## LONG AND INDEPENDENT LIVES

### Are children, young people and families in receipt of universal services appropriately supported?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
25	Under-18 conception rate per 1,000 girls aged 15 to 17	26.4	2018	Tracker	23.7	16.7	24.9	25.0	2018	No
				N/a	RED	RED	RED	RED		
26	% of five year old children free from dental decay^	74.2	2016/17	Tracker	64.9	76.7	76.1	71.8	2016/17	No
				N/a	GREEN	RED	RED	GREEN		
27	Alcohol specific hospital admissions for under 18s (rate per 100,000)^	54.7	2016/17-2018/19	Tracker	53.1	31.6	60.0			No
				N/a	RED	RED	GREEN			
28	Young people aged 10-24 admitted to hospital as a result of self-harm (rate per 100,000)^	354.3	2018/19	Tracker	350.1	444.0	536.5			No
				N/a	AMBER	GREEN	GREEN			
29	% of children aged 4 to 5 years classified as overweight or obese**	24.0	2018/19	Tracker	25.0	22.6	24.3	25.0		No
				N/a	GREEN	RED	GREEN	GREEN		
30	% of children aged 10 to 11 years classified as overweight or obese**	37.7	2018/19	Tracker	37.1	34.3	37.5	37.2		No
				N/a	AMBER	RED	AMBER	AMBER		

^ Source: National Dental Epidemiology Programme biennial survey. 2018/19 survey not yet published by Public Health England

^^next update due quarter four

\*\*next update due quarter two

## CONNECTED COMMUNITIES - SAFER

### How well do we reduce misuse of drugs and alcohol?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
85	% of successful completions of those in alcohol treatment	27.3	Oct 2018-Sep 2019*	28 <b>GREEN</b>	32 <b>RED</b>	37.9 <b>RED</b>	30.7 <b>RED</b>			No
86	% of successful completions of those in drug treatment - opiates	5.9	Apr 2019-Mar 2020*	6 <b>GREEN</b>	5.5 <b>GREEN</b>	5.7 <b>AMBER</b>	4.0 <b>GREEN</b>			No
87	% of successful completions of those in drug treatment - non-opiates	29.9	Oct 2018-Sep 2019*	26.4 <b>GREEN</b>	29.2 <b>GREEN</b>	34.2 <b>RED</b>	26.2 <b>GREEN</b>			No

\*with rep to March 2020

## Key Performance Indicators – Data Tables (Quarter Four 2019/20)

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## LONG AND INDEPENDENT LIVES

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35	Four week smoking quitters per 100,000 smoking population [number of quitters]	1554 [1009]	Apr-Sept 2019	Tracker	1785 [1104]	820	1111			No
				N/a	<b>RED</b>	<b>GREEN</b>	<b>GREEN</b>			
36	Male life expectancy at birth (years)	78.2	2016-18	Tracker	78.3	79.6	77.9	78.2		No
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				N/a	<b>AMBER</b>	<b>RED</b>	<b>RED</b>	<b>RED</b>		
39	Male healthy life expectancy at birth (years)	59.3	2016-18	Tracker	58.9	63.4	59.4	60.5		No
				N/a	<b>GREEN</b>	<b>RED</b>	<b>AMBER</b>	<b>AMBER</b>		
40	Excess weight in adults (Proportion of adults classified as overweight or obese)	66.7	2017/18	Tracker	67.7	62.0	66.5	67.3		No
				N/a	<b>GREEN</b>	<b>RED</b>	<b>AMBER</b>	<b>AMBER</b>		
41	Suicide rate (deaths from suicide and injury of undetermined intent) per 100,000 population	12.8	2016-18	Tracker	12.0	9.6	11.3	11.6		No
				N/a	<b>RED</b>	<b>RED</b>	<b>RED</b>	<b>RED</b>		
42	Prevalence of breastfeeding at 6-8 weeks from birth	25.9%	Jan-Mar 2020	Tracker	28.6%	48.2%	36.0%	34%	Q3 2019/20	Yes
				N/a	<b>RED</b>	<b>RED</b>	<b>RED</b>	<b>RED</b>		
43	Estimated smoking prevalence of persons aged 18 and over	17.0	2019	Tracker	14.3	14.4	16.0	15.2		Yes
				N/a	<b>RED</b>	<b>RED</b>	<b>GREEN</b>	<b>RED</b>		

## LONG AND INDEPENDENT LIVES

### Are our services improving the health of our residents?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
44	Self-reported well-being - people with a low happiness score	9.5	2018/19	Tracker	8.9	7.8	9.7	9.5		No
				N/a	RED	RED	GREEN	GREEN		
45	Participation in Sport and Physical Activity: active	59.9	Nov 2018-Nov 2019	Tracker	58.5	63.3	60.7			Yes
				N/a	GREEN	RED	AMBER			
46	Participation in Sport and Physical Activity: inactive	28.0	Nov 2018-Nov 2019	Tracker	29.9	24.6	27.5			Yes
				N/a	AMBER	RED	AMBER			

\*provisional data

## LONG AND INDEPENDENT LIVES

### Are people needing adult social care supported to live safe, healthy and independent lives?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
47	Adults aged 65+ per 100,000 population admitted on a permanent basis in the year to residential or nursing care	757.3	2019/20	771.8	779.5					Yes
				GREEN	GREEN					
48	% of older people who were still at home 91 days after discharge from hospital into reablement/ rehabilitation services	85.8	2019	85.9	86.2	82.4	83.0	80.7*	2018/19	Yes
				AMBER	AMBER	Not comparable	Not comparable	Not comparable		
49	% of individuals who achieved their desired outcomes from the adult safeguarding process	95.1	2019/20	Tracker	95.1	92.4	93.9	93.5*	2018/19	Yes
				N/a	GREEN	Not comparable	Not comparable	Not comparable		

## LONG AND INDEPENDENT LIVES

### Are people needing adult social care supported to live safe, healthy and independent lives?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
50	% of service users receiving an assessment or review within the last 12 months	87.8	2019/20	Tracker	87.5					Yes
				N/a	GREEN					
51	Overall satisfaction of people who use services with their care and support	67.8	2018/19	Tracker	66.6	64.3	66.2	66.0*		No
				N/a	GREEN	GREEN	GREEN	GREEN		
52	Overall satisfaction of carers with the support and services they receive (Biennial survey)	51.2	2018/19	Tracker	43.3**	38.6	47.2	41.8*		No
				N/a	GREEN	GREEN	GREEN	GREEN		
53	Daily delayed transfers of care beds, all, per 100,000 population age 18+	2.9	Feb 2020	Tracker	1.5	11.0	7.0	11.0*		Yes
				N/a	RED	GREEN	GREEN	GREEN		
54	% of adult social care service users who report they have enough choice over the care and support services they receive	75.1	2018/19	Tracker	74.9	67.5	71.8	69.3*		No
				N/a	GREEN	GREEN	GREEN	GREEN		

\*unitary authorities

\*\* results from 2016/17 survey

### Other additional relevant indicators

## LONG AND INDEPENDENT LIVES

### Are children, young people and families in receipt of universal services appropriately supported?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
24	% of free school meals (FSM) eligible pupils taking FSM	75.8	Jan 2020	Tracker	79.4	78.7	78.7			Yes
				N/a	RED	RED	RED			

## LONG AND INDEPENDENT LIVES

### Are children, young people and families in receipt of universal services appropriately supported?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
25	Under-18 conception rate per 1,000 girls aged 15 to 17	26.4	2018	Tracker	23.7	16.7	24.9	25.0	2018	No
				N/a	RED	RED	RED	RED		
26	% of five year old children free from dental decay	74.2	2016/17	Tracker	64.9	76.7	76.1	71.8	2016/17	No
				N/a	GREEN	RED	RED	GREEN		
27	Alcohol specific hospital admissions for under 18s (rate per 100,000)	54.7	2016/17-2018/19	Tracker	53.1	31.6	60.0			No
				N/a	RED	RED	GREEN			
28	Young people aged 10-24 admitted to hospital as a result of self-harm (rate per 100,000)	354.3	2018/19	Tracker	350.1	444.0	536.5			No
				N/a	AMBER	GREEN	GREEN			
29	% of children aged 4 to 5 years classified as overweight or obese	24.0	2018/19	Tracker	25.0	22.6	24.3	25.0		No
				N/a	GREEN	RED	GREEN	GREEN		
30	% of children aged 10 to 11 years classified as overweight or obese	37.7	2018/19	Tracker	37.1	34.3	37.5	37.2		No
				N/a	AMBER	RED	AMBER	AMBER		

## CONNECTED COMMUNITIES – SAFER

### How well do we reduce misuse of drugs and alcohol?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
85	% of successful completions of those in alcohol treatment	27.3	Oct 2018-Sep 2019*	28	32	37.9	30.7			Yes
				GREEN	RED	RED	RED			

## CONNECTED COMMUNITIES – SAFER

### How well do we reduce misuse of drugs and alcohol?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
86	% of successful completions of those in drug treatment - opiates	5.9	Apr 2019-Mar 2020*	6 <b>GREEN</b>	5.5 <b>GREEN</b>	5.7 <b>GREEN</b>	4.0 <b>GREEN</b>			Yes
87	% of successful completions of those in drug treatment - non-opiates	29.0	Oct 2018-Sep 2019*	26.4 <b>GREEN</b>	29.2 <b>GREEN</b>	34.2 <b>RED</b>	26.2 <b>GREEN</b>			Yes

\*with rep to March 2020